

Sacramento Food Bank & Family Services

Locations: Oak Park: 3333 3rd Ave., Sacramento, CA 95817 ~ (916) 456-1980 ~ Mon. – Thurs. 8 am – 4 pm / Fri. 8 am – 3:30 pm

Saca Community Learning Center: 2469 Rio Linda Blvd., Sacramento, CA 95815 ~ (916) 648-8729 ~ Mon. – Thurs. 9 am – 3 pm / Fri. 9 am – 1 pm

Food Assistance Programs	Mobile Food Program	Clothing Program	Community Learning Center	Mother-Baby Program	Child Services	Women's Wisdom Project	Computer Clubhouse
<p>*Oak Park</p> <p>Mon. - Fri. (Except Wed.) 10am - 1:30pm</p> <p>Wednesday 4pm – 7 pm</p> <p>Eligibility: 95811, 95814, 95816, 95817, 95818, 95819, 95820</p> <p>Photo ID, Current proof of address, ID for everyone receiving food.</p> <p>Provides emergency supply of take-home groceries.</p>	<p>*Varies</p> <p>Saturday 9am – 11am</p> <p>Tuesday 5pm – 7pm</p> <p>Eligibility: Varies</p> <p>Photo ID, Current proof of address, ID for everyone receiving food.</p> <p>Provides emergency supply of take-home groceries and health, nutrition, and community resource information</p> <p>Please call Oak Park location for more info.</p>	<p>*Oak Park</p> <p>Mon. - Fri. (Except Wed.) 10am - 1:30pm</p> <p>Wednesday 4pm – 7 pm</p> <p>Eligibility: County of Sacramento</p> <p>Photo ID, Current proof of address, and ID for everyone receiving clothing.</p> <p>Provides gently-used clothing to men, women and children in need.</p>	<p>*Oak Park *Saca</p> <p>*Oak Park Mon. – Thurs. 9am – 3 pm</p> <p>Friday Call for hours</p> <p>*Saca Monday 12pm – 3pm 6pm – 8pm</p> <p>Tues. –Thurs. 9am – 3pm</p> <p>Friday 9am – 2pm</p> <p>ESL, adult literacy, computer literacy, one-on-one tutoring. GED preparation available at Oak Park only.</p> <p>Playcare available for children of program participants</p>	<p>*Oak Park *Saca</p> <p>*Oak Park Mon. - Fri. (Except Wed.) 10am - 2pm</p> <p>Wednesday 4pm – 7 pm</p> <p>*Saca Monday 12pm – 8pm</p> <p>Tues. – Fri. 10am – 2pm</p> <p>Eligibility: City of Sac. <i>Call for zip-codes</i></p> <p>Pregnant women and children 0-2yrs.</p> <p>Photo ID, proof of pregnancy or ID for child, and proof of address.</p> <p>Provides diapers, formula, baby food, toddler food, maternity clothes, misc. baby items, and misc. hygiene items.</p>	<p>*Oak Park *Saca</p> <p>Call for more information on space availability.</p> <p>Provides playcare for children ages 1-5 yrs. For families participating in SFBFS' community learning center programs.</p> <p>After School Programs:</p> <p>*Oak Park Eligibility: Children 1st - 5th grade.</p> <p>*Saca Eligibility: Children 1st – 12th grade</p>	<p>*Oak Park</p> <p>Mon. – Fri. 10am - 3pm</p> <p>Eligibility: Women in transition from poverty, mental illness, abuse, and trauma. Special class on Mondays for women affected by cancer.</p> <p>Provides classes in painting, writing, textiles, clay, and mixed media. Program includes lunch and community referrals.</p> <p>Please call for orientation information.</p>	<p>*Oak Park</p> <p>Mon. - Fri. 3pm – 6pm</p> <p>Eligibility: Children ages 13-18 yrs.</p> <p>Provides safe after school environment for children. Focuses on connecting inner-city youth with cutting edge technology.</p> <p>Senior Computer Classes</p> <p>Wed. –Thurs. 10 – 11:30am Appt. Only</p> <p>Please call for more info.</p>

SMUD EnergyHELP Program

For eligibility please CALL SMUD (1-888-742-7683). Must be disconnected or have termination of service letter. Low-income customers only.

DO NOT CALL SFBFS.

*All services are provided at no cost. *

